



napac

The National Association for  
People Abused in Childhood

Supporting recovery  
from childhood abuse

Stock photo. Posed by models.

# NAPAC half day training course

## Managing disclosures of child abuse

### Why train your staff?

NAPAC hears every week from frontline service staff who are receiving increasing numbers of disclosures of child abuse from adult survivors. These professionals often want advice and lack skills and confidence in how best to respond and support survivors of abuse at this crucial point in their recovery.

**We have successfully trained NHS and safeguarding staff, police, helpline staff, legal and clinical leads and social care workers with excellent feedback from these groups.**

### Who is the training for?

Frontline staff working for service providers where there's a high likelihood of receiving disclosures of childhood abuse such as:

- GPs
- Non-specialist police officers
- Call handlers
- Homelessness services
- Addiction services
- University wellbeing officers
- Social workers
- Employee assistance programmes
- Staff in adult residential care homes

### What the course covers

- How to respond sensitively and effectively to disclosures of abuse
- Common impacts of child abuse in adulthood
- Common survival strategies and coping mechanisms
- Post-traumatic stress reactions and how to respond to them
- Trauma-informed practice
- Recognising and managing vicarious trauma

### Training

To find out how to book this course or about other NAPAC training courses, please get in touch

**training@napac.org.uk**  
**napac.org.uk/training**

### About NAPAC

The National Association for People Abused in Childhood (NAPAC) offers support to adults who have suffered any type of childhood abuse; physical, sexual, emotional or neglect.

### Support line

National support line for adult survivors of any type of childhood abuse. Support line **0808 801 0331**, free from UK landlines or mobiles.

**napac.org.uk**