



napac

The National Association for  
People Abused in Childhood

Supporting recovery from childhood abuse

Stock photo. Posed by model.

If what happened to you as  
a child is affecting you now,  
you can talk to us

NAPAC support line

0808 801 0331

Confidential, free from UK landlines or mobiles  
10am-9pm Mon-Thu & 10am-6pm Fri

### About NAPAC

The National Association for People Abused in Childhood offers support to adults who have suffered any type of childhood abuse, including physical, sexual, emotional or neglect

### Training

NAPAC runs specialist training for professionals, please get in touch to find out more: [training@napac.org.uk](mailto:training@napac.org.uk)  
Tel 020 7614 1801  
[napac.org.uk/training](http://napac.org.uk/training)

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