napac

The National Association for People Abused in Childhood

Do you work with adults who were abused in childhood?

Is your practice trauma-informed?

Supporting Adult Survivors of Childhood Abuse (SASCA)

One-day training course

6.5 hours of CPD

Accredited by the British Psychological Society (BPS),
the Royal College of Nursing (RCN) and
the Royal Society for Public Health (RSPH)

napac.org.uk

Who should do the course?

Supporting Adult Survivors of Childhood Abuse (SASCA) is a one-day training workshop aimed at anyone who works directly with adult survivors of childhood abuse or who manages staff who do or who commissions services.

The SASCA training will provide delegates with an understanding of the enduring impacts of childhood abuse in adulthood and how best to engage and work with survivors in a way that is safe and effective for all involved.

- Mental health practitioners including IAPT
- Other healthcare professionals
- Therapists and counsellors
- Social workers
- Probation officers
- Police

What you will gain

- Deep understanding of how child abuse and neglect affects mental, physical, emotional and social health in adulthood
- Skills and confidence to effectively support a disclosure of abuse
- Knowledge and skills to recognise abuse-related stress reactions and prevent re-traumatisation
- Awareness of trauma-informed principles and how to apply them when working with adult survivors in any setting
- Awareness of the three-phase model of recovery
- Understanding and guarding against vicarious trauma

Support line

NAPAC supports adults who suffered any type of abuse in childhood, including physical, sexual, emotional abuse or neglect.

National support line
0808 801 0331
free from UK landlines or mobiles.

Support groups

We can deliver support groups if you can provide funding. Each support group is for twelve people, run by two experienced facilitators. The psycho-educational programme runs weekly over twelve weeks.

Training

We offer e-learning and face-face training courses. We also deliver bespoke training to organisations.

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